
Curriculum Vitae
Michelle Schoenleber

St. Norbert College
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CURRENT POSITION

2015-Present **Assistant Professor**
Department of Psychology
St. Norbert College, De Pere, Wisconsin

EDUCATION & TRAINING

2013-2015 **Post-Doctoral Fellowship**
University of Mississippi Medical Center & G.V. (Sonny) Montgomery Veterans
Affairs Medical Center (WOC Appointment)

2006-2013 **Ph.D. in Clinical/Community Psychology**
University of Illinois at Urbana-Champaign (APA- and PCSAS-accredited)
Minor: Personality Psychology

Pre-Doctoral Residency
University of Mississippi Medical Center & G.V. (Sonny) Montgomery Veterans
Affairs Medical Center (APA-accredited)

2002-2006 **B.A. in Psychology, Cum Laude**
Marquette University, Milwaukee, Wisconsin

HONORS & AWARDS

2015 NASSPD Gunderson Young Investigator Award
To recognize outstanding contributions to research/ scholarship in personality disorders

2014 W. Stewart Agras Award
To recognize outstanding research/ scholarship by a postdoctoral fellow at the Mississippi Consortium

2010 Ed Scheiderer Memorial Research Award
To recognize outstanding research/ scholarship by a Clinical/ Community Psychology graduate student

2009 List of Teachers Ranked Excellent – University of Illinois at Urbana-Champaign
To recognize superior teaching effectiveness in undergraduate courses

2006 Outstanding Undergraduate Psychology Major Award – Marquette University
To recognize exceptional academic performance, research, and service contributions in psychology

GRANTS & FELLOWSHIPS

- 2017 Writing across the Curriculum Course Design Fellowship, St. Norbert College
- 2017 Faculty Development Grant, St. Norbert College
- 2016-2017 Faculty Fellowship for Community Engagement, St. Norbert College
- 2016 Faculty Development Grant, St. Norbert College
- 2015 Faculty Development Grant, St. Norbert College
- 2011-2012 Research Fellowship
Provided by NIH P50 MH079485: Determinants of Executive Function & Dysfunction
PI: Wendy Heller, Ph.D.
- 2010-2011 Research Fellowship
Provided by the University of Illinois Campus Research Board
PI: Howard Berenbaum, Ph.D.
- 2009 Departmental Conference Travel Grant, University of Illinois at Urbana-Champaign
- 2007 Departmental Conference Travel Grant, University of Illinois at Urbana-Champaign

RESEARCH

RESEARCH INTERESTS

- Shame and other self-conscious emotions in the onset and maintenance of psychopathology and maladaptive behavior (e.g., personality pathology, posttraumatic stress, self-injury)
- Development, dissemination, and implementation of evidence-based interventions for shame

PUBLICATIONS

- Schoenleber, M.,** & Gratz, K. L. (in press). Self-Acceptance Group Therapy: An open trial of a transdiagnostic, cognitive-behavioral treatment for shame. *Manuscript in press at Cognitive and Behavioral Practice.*
- Tull, M. T., Berghoff, C. R., Bardeen, J. R., **Schoenleber, M.,** & Konkle-Parker, D. J. (in press). An initial open-trial of a brief behavioral activation treatment for depression and medication adherence in HIV-infected patients. *Manuscript in press at Behavior Modification.*
- Berenbaum, H., Chow, P. I., **Schoenleber, M.,** & Flores, Jr., L. E. (2016). Personality and pleasurable emotions. *Personality and Individual Differences, 101*, 400-406.
- Schoenleber, M.,** Berghoff, C. R., Tull, M. T., DiLillo, D., Messman-Moore, T., & Gratz, K. L. (2016). Emotional lability and affective synchrony in borderline personality disorder. *Personality Disorders: Theory, Research, & Treatment, 7*, 211-220.
- Schoenleber, M.,** Roche, M. J., Wetzell, E., Pincus, A., L., & Roberts, B. W. (2015). Development of a brief version of the Pathological Narcissism Inventory. *Psychological Assessment, 27*, 1520-1526.

Bresin, K., & **Schoenleber, M.** (2015). Gender differences in the prevalence of nonsuicidal self-injury: A meta-analysis. *Clinical Psychology Review, 38*, 55-64.

Schoenleber, M., Sippel, L. M., Jakupcak, M., & Tull, M. T. (2015). The role of trait shame in the association between posttraumatic stress and aggression among men with a history of interpersonal trauma. *Psychological Trauma: Theory, Research, Practice, & Policy, 7*, 43-49.

Schoenleber, M., Gratz, K. L., Messman-Moore, T., & DiLillo, D. (2014). Borderline personality disorder and self-conscious emotions in response to adult unwanted sexual experiences. *Journal of Personality Disorders, 28*, 810-823.

Schoenleber, M., Berenbaum, H., & Motl, R. (2014). Shame-related functions of and motivations for self-injurious behavior. *Personality Disorders: Theory, Research, and Treatment, 5*, 204-211.

Schoenleber, M., Chow, P. I., & Berenbaum, H. (2014). Self-conscious emotions in worry and generalized anxiety disorder. *British Journal of Clinical Psychology, 53*, 299-314.

Manjrekar, E., **Schoenleber, M.**, & Mu, W. (2013). Shame aversion and maladaptive eating-related attitudes and behaviors. *Eating Behaviors, 14*, 456-459.

Berenbaum, H., Chow, P. I., **Schoenleber, M.**, & Flores, Jr., L. E. (2013). Pleasurable emotions, age, and life satisfaction. *The Journal of Positive Psychology, 8*, 140-143.

Schoenleber, M., & Berenbaum, H. (2012). Shame regulation in personality pathology. *Journal of Abnormal Psychology, 121*, 433-446.

Schoenleber, M., & Berenbaum, H. (2012). Aversion and proneness to shame in self- and informant-reported personality disorder symptoms. *Personality Disorders: Theory, Research, & Treatment, 3*, 294-304.

Schoenleber, M., Sadeh, N., & Verona, E. (2011). Parallel syndromes: Two dimensions of narcissism and the facets of psychopathic personality in criminally-involved individuals. *Personality Disorders: Theory, Research, and Treatment, 2*, 113-127.

Schoenleber, M., & Berenbaum, H. (2010). Shame aversion and shame-proneness in Cluster C personality disorders. *Journal of Abnormal Psychology, 119*, 197-205.

MANUSCRIPTS UNDER REVIEW

Schoenleber, M., Berghoff, C. R., Gratz, K. L., & Tull, M. T. Emotional lability and affective synchrony in posttraumatic stress disorder pathology. *Manuscript under review.*

Schoenleber, M., Milanak, M. E., Schuld, E., & Berenbaum, H. Improving identification of exposure to potentially traumatic events when using checklist measures. *Manuscript under review.*

Cohen, R. T., **Schoenleber, M.**, Gratz, K. L., & Tull, M. T. Emotional responses to psychiatric hospitalization among inpatients admitted with and without suicidality. *Manuscript under review.*

Berenbaum, H., Chow, P. I., Flores, Jr., L. E., **Schoenleber, M.**, Thompson, R. J., & Most, S. B. A test of the initiation-termination model of worry. *Manuscript under review.*

INVITED TALKS

Schoenleber, M. (2015, March). *Shame-related pathways to psychopathology.* W. Stewart Agras Award presentation at the Grand Rounds series, University of Mississippi Medical Center, Jackson, Mississippi.

Schoenleber, M. (2014, September). *Shame-related pathways to psychopathology.* Presentation at the Personality Interest Group series, University of Illinois at Urbana-Champaign.

Schoenleber, M. (2012, April). *Shame and its regulation in personality pathology.* Presentation at the Clinical/Community Psychology Brown Bag series, University of Illinois at Urbana-Champaign.

Schoenleber, M. (2008, April). *The role of shame in Cluster C personality disorders.* Presentation at the Social-Personality-Organization Psychology Brown Bag series, University of Illinois at Urbana-Champaign.

Schoenleber, M. (2007, November). *The role of shame in Cluster C personality disorders.* Presentation at the Clinical/Community Psychology Brown Bag series, University of Illinois at Urbana-Champaign.

PRESENTATIONS

* *Presented by mentored graduate and undergraduate students.*

* Mu, W., **Schoenleber, M.**, & Berenbaum, H. (2017, November). *Shame and guilt aversions predict PTSD symptoms.* Poster accepted for presentation at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, Illinois.

Schoenleber, M. (2017, June). *Problem-solving ability's role in the association between pathological narcissism and aggression.* Poster presented at the annual meeting of the Association for Research in Personality, Sacramento, California.

Schoenleber, M., Peters, J. R., & Anestis, M. (2016, November). *Even when elevated, trait shame is more tolerable if you can externalize blame.* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, New York.

Schoenleber, M., & Anestis, M. (2016, October). *Psychometric properties and content expansion of the Brief Pathological Narcissism Inventory.* Poster presented at the annual meeting of the Society for Research in Psychopathology, Baltimore, Maryland.

* Detienne, I. R., Schmidt, A. J., Marohl, K., Blean, B., & **Schoenleber, M.** (2016, June). *Reducing non-suicidal self-injury and emotion dysregulation: Effectiveness of dialectical behavior therapy in a community-based clinic.* Poster presented at the annual meeting of the International Society for the Study of Self-Injury, Eau Claire, Wisconsin.

- * Cohen, R. T., **Schoenleber, M.**, Tull, M. T., & Gratz, K. L. (2015, November). *Emotional responses to psychiatric hospitalization among patients admitted with and without suicidality*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, Illinois.
** Selected for the ABCT Suicide & Self-Injury SIG Outstanding Poster Award **
- Schoenleber, M.**, Berghoff, C. R., Gratz, K. L., & Tull, M. T. (2015, November). *Temporal dynamics of emotion in posttraumatic stress disorder symptom clusters in a clinical sample*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, Louisiana.
- * Fisher, J. W., **Schoenleber, M.**, Tull, M. T., & Gratz, K. L. (2015, October). *Using interpersonal disclosure to regulate shame related to psychiatric hospitalization*. Poster presented at the annual meeting of the Society for Research in Psychopathology, New Orleans, Louisiana.
- * Manjrekar, E., Mu, W., Flores, Jr., L. E., & **Schoenleber, M.** (2015, October). *Self-compassion as a mediator of associations for disordered eating and body dissatisfaction with emotional distress*. Poster accepted for presentation at the annual meeting of the Society for Research in Psychopathology, New Orleans, Louisiana.
- Schoenleber, M.**, Roche, M. J., Wetzel, E., Pincus, A. L., & Roberts, B. W. (2015, June). *Developing a brief version of the Pathological Narcissism Inventory*. Paper presented at the annual meeting of the Association for Research in Personality, St. Louis, Missouri.
- Schoenleber, M.**, & Gratz, K. L. (2015, May). *Development of an evidence-based, cognitive-behavioral treatment for shame: Self-Acceptance Group Therapy*. Paper presented at the annual meeting of the American Psychiatric Association, Toronto, Canada.
- Schoenleber, M.**, Tull, M. T., Messman-Moore, T., DiLillo, D., & Gratz, K. L. (2015, May). *Affective synchrony in borderline personality disorder*. Poster presented at the University of Mississippi Medical Center's annual Neuroscience Research Day, Jackson, Mississippi.
- Schoenleber, M.**, & Gratz, K. L. (2015, March). *Open trial of an evidence-based intervention for shame among individuals with elevated BPD pathology: Self-Acceptance Group Therapy*. Paper presented at the annual meeting of the North American Society for the Study of Personality Disorders, Boston, Massachusetts.
- Schoenleber, M.**, Tull, M. T., Messman-Moore, T., DiLillo, D., & Gratz, K. L. (2014, October). *Affective synchrony in borderline personality disorder*. Poster presented at the University of Mississippi Medical Center's annual Health Sciences Research Day, Jackson, Mississippi.
- Bresin, K., & **Schoenleber, M.** (2014, June). *Gender differences in the prevalence of nonsuicidal self-injury: A meta-analysis*. Poster presented at the annual meeting of the International Society for the Study of Self-Injury, Chicago, IL.

* Manjrekar, E., **Schoenleber, M.**, & Mu, W. (2013, May). *Shame aversion uniquely predicts maladaptive eating-related attitudes and behaviors*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, DC.

Schoenleber, M., Verona, E., & Sadeh, N. (2013, February). *Parallel syndromes: Two forms of narcissism and the facets of psychopathic personality*. Poster presented at the University of Mississippi Medical Center's annual Health Sciences Research Day, Jackson, Mississippi.

* Daubenspeck, J., Stovall, L., & **Schoenleber, M.** (2012, May). *Narcissism and psychopathy in a community sample: Further exploring the possibility of parallel syndromes*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

* Diaz, K., Daubenspeck, J., & **Schoenleber, M.** (2012, May). *Impulsivity as a moderator for the relationship between childhood maltreatment and adult suicidality*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

* Stovall, L., Brender, D., & **Schoenleber, M.** (2012, May). *Healthy conscientiousness?: General health in relation to maladaptively high and low conscientiousness*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

* Torri, J., Brender, D., & **Schoenleber, M.** (2012, May). *A first look at aversion to self-conscious emotions in posttraumatic stress*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

Schoenleber, M., Verona, E., & Sadeh, N. (2009, September). *Parallel syndromes: Two forms of narcissism and the facets of psychopathic personality*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Minneapolis, Minnesota.

Schoenleber, M., & Berenbaum, H. (2008, May). *The role of shame in Cluster C personality disorders*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

English, S. M., **Schoenleber, M.**, Niles, T., Arentsen, T., & Nielson, K. (2008, May). *Arousal induced after learning enhances veridical memory and reduces false memory in post event misinformation task*. Paper presented at the annual meeting of the Association for Psychological Science, Chicago, Illinois.

English, S. M., **Schoenleber, M.**, Niles, T., Arentsen, T., & Nielson, K. (2007, May). *Arousal induced after an eyewitness-misinformation task enhances memory accuracy*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

Schoenleber, M., Miller, S.K., & Bobholz, J.A. (2006, August). *The relationship between anxiety and cognitive functioning in multiple sclerosis*. Poster presented at the annual convention of the American Psychological Association, New Orleans, Louisiana.

Schoenleber, M., Miller, S.K., & Bobholz, J.A. (2006, August). *Cognitive profiles in males and females with multiple sclerosis*. Poster presented at the annual convention of the American Psychological Association, New Orleans, Louisiana.

de St. Aubin, E., Skerven, K., Brantley, T., & Schoenleber, M. (2006, May). *The generative lesbian: How internalized homonegativity blocks the ego*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

CLINICAL SERVICE

2016-Present **Licensed Clinical Psychologist (#3381-57)**
Licensed by the Wisconsin Psychology Examining Board

PSYCHOTHERAPY & ASSESSMENT EXPERIENCE

2013-2015 **Post-Doctoral Fellow**
University of Mississippi Medical Center & G.V. (Sonny) Montgomery VAMC

2012-2013 **Clinical Psychology Resident**
University of Mississippi Medical Center & G.V. (Sonny) Montgomery VAMC

July-Dec 2012 Evidence-Based Behavioral Practice Rotation

Oct-Dec 2012 Motivational Interviewing Intensive Training
*** Trained to Expert status in Motivational Interviewing ***

Jan-June 2013 Mood & Anxiety Disorders Rotation

Jan-June 2013 Dialectical Behavior Therapy Rotation

2007-2012 **Student Clinical Intern**
Psychological Services Center, University of Illinois at Urbana-Champaign

2010-2012 Stress & Anxiety Clinic

2009-2011 Adult Psychotherapy & Personality Practicum

2010-2011 Dialectical Behavior Therapy Women's Group

2010-2011 Psychological Services Center Triage Assessor

2008-2009 Parole/Probation Assessment Practicum

2007-2008 Neuropsychological Assessment Practicum

CLINICAL SUPERVISING EXPERIENCE

2014-2015 Psychiatry Residency Cognitive-Behavior Therapy Rotation
University of Mississippi Medical Center, Jackson, Mississippi

2013 Program of Excellence in Practice & Dissemination of Motivational Interviewing
National Institute on Drug Abuse (R25DA026637); PI: Julie Schumacher
University of Mississippi Medical Center, Jackson, Mississippi

2011-2012 Stress & Anxiety Clinic
Psychological Services Center, University of Illinois at Urbana-Champaign

- 2010 Dialectical Behavior Therapy Women’s Group
Psychological Services Center, University of Illinois at Urbana-Champaign
- 2009 Parole/Probation Assessment Practicum
Psychological Services Center, University of Illinois at Urbana-Champaign

CLINIC ADMINISTRATIVE EXPERIENCE

- 2016-Present Administrative Consultant – Dialectical Behavior Therapy Clinic
Bellin Health Riverside Psychiatric Group, De Pere, WI
- 2014-2015 Clinic Administrator – General Psychology Clinic of the Mississippi Psychology
Residency Training Consortium
University of Mississippi Medical Center & G.V. (Sonny) Montgomery VAMC

TEACHING & MENTORING

- 2015-Present Instructor
Department of Psychology, St. Norbert College, De Pere, Wisconsin
Courses Taught: General Psychology
Abnormal Psychology
Theories of Personality/Personality Psychology
Approaches to Psychotherapy/Psychological Interventions
Internship & Professional Issues
- 2016-Present Undergraduate Independent Study Mentor
Department of Psychology, St. Norbert College, De Pere, Wisconsin
- 2015-Present Undergraduate Student Research Mentor
Department of Psychology, St. Norbert College, De Pere, Wisconsin
- 2015 Graduate Student Research Mentor
Department of Psychiatry & Human Behavior, University of Mississippi
Medical Center
- 2007-2012 Undergraduate Student Research Mentor
Psychology Department, University of Illinois at Urbana-Champaign
- 2011 Neuropsychological Assessment Mentor
Psychological Services Center, University of Illinois at Urbana-Champaign
- 2008-2010 Instructor – Abnormal Psychology
Psychology Department, University of Illinois at Urbana-Champaign
*** Course ratings qualified for the List of Teachers Ranked Excellent ***
- 2008 Teaching Assistant – Introduction to Community Psychology
Psychology Department, University of Illinois at Urbana-Champaign
- 2007 Teaching Assistant – Special Topics in Psychology: Race and Ethnicity
Psychology Department, University of Illinois at Urbana-Champaign
- 2007 Teaching Assistant – Theories of Psychotherapy

Psychology Department, University of Illinois at Urbana-Champaign
2006 Teaching Assistant – Neighborhoods as a Context for Social Change
Psychology Department, University of Illinois at Urbana-Champaign

PROFESSIONAL AFFILIATIONS

American Psychological Association
Division 12 (Society of Clinical Psychology)
Association for Behavioral and Cognitive Therapies
Association for Psychological Science
Association for Research in Personality
International Society for the Study of Self-Injury
Midwestern Psychological Association
North American Society for the Study of Personality Disorders
Society for Affective Science
Society for Research in Psychopathology

PROFESSIONAL SERVICE

Reviewer

<i>Assessment</i>	<i>Journal of Personality Disorders</i>
<i>Clinical Psychology Review</i>	<i>Mindfulness</i>
<i>Cognitive Therapy and Research</i>	<i>Personality and Mental Health</i>
<i>Development & Psychopathology</i>	<i>Personality Disorders: Theory, Research, & Treatment</i>
<i>European Journal of Personality</i>	<i>Psychiatry Research</i>
<i>Journal of Forensic Psychology Practice</i>	<i>Psychological Bulletin</i>
<i>International Journal of Psychology</i>	<i>Psychological Trauma: Theory, Research, Practice, & Policy</i>
<i>Journal of Contextual Behavioral Science</i>	<i>Psychotherapy: Theory, Research, Practice, & Training</i>
<i>Journal of Nervous and Mental Disease</i>	

2017-Present Committee Member (Elected) – Nominations & Elections Committee
St. Norbert College, De Pere, WI

2016-Present Committee Member (Elected) – Athletic Board
St. Norbert College, De Pere, WI

2015-Present Systems Coordinator – Interdisciplinary Research Participation Pool
St. Norbert College, De Pere, WI

2017 Student Poster Awards Judge – Undergraduate Research Forum
St. Norbert College, De Pere, WI

2017 Submission Reviewer – Graduate Women in Science Fellowship

2017 Submission Reviewer – International Society for the Study of Self-Injury

2017 Committee Member – Psychology Visiting Faculty Search
St. Norbert College, De Pere, WI

- 2016 Panel Member – New Faculty Development Seminar on Maintaining Scholarship
St. Norbert College, De Pere, WI
- 2016 Panel Member – Psychology Club Panel on Graduate School & Careers in Psychology
St. Norbert College, De Pere, WI
- 2016 Selection Committee Member – James A. & Mary M. Delaney Writing Competition
St. Norbert College, De Pere, WI
- 2016 Student Poster Awards Judge – Undergraduate Research Forum
St. Norbert College, De Pere, WI
- 2015 Panel Member – Psychology Club Panel on Graduate School & Careers in Psychology
St. Norbert College, De Pere, WI
- 2014-2015 Clinical Research Coordinator – Clinical Training Oversight Committee
Mississippi Psychology Residency Training Consortium, Jackson, MS
- 2010 Graduate Student Representative – Graduate Program Admissions Committee
Clinical/Community Psychology, University of Illinois at Urbana-Champaign
- 2007-2008 Graduate Student Representative – Student Advisory Committee
2010-2011 Clinical/Community Psychology, University of Illinois at Urbana-Champaign

REFERENCES

Howard Berenbaum, Ph.D.

Professor, Clinical/Community Psychology
University of Illinois at Urbana-Champaign
603 E. Daniel St.
Champaign, IL 61820
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Kim L. Gratz, Ph.D.

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Brent W. Roberts, Ph.D.

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Jeanne Gabriele, Ph.D.

Local Evidence-Based Psychotherapy Coordinator
G.V. (Sonny) Montgomery Veterans' Affairs Medical Center
Assistant Professor, Dept. of Psychiatry & Human Behavior
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